

Title: Thriving Lives – Torbay's Joint Health and well-being

Strategy (JHWS). Annual review

Wards Affected: All

To: HWBB On: 12 September 2019

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### 1. Purpose

1.1 The Health and Well-being Board (HWBB) has a legal duty to develop a strategy. This strategy, the Joint Health and Well-being Strategy (JHWS) is required to respond to the Joint Strategic Needs Assessment and other intelligence to set out priorities to address population health and well-being. HWBB members in turn commit to address these priorities within their own organizational plans. The HWBB is made up of members from across different sectors and organisations in Torbay and Chaired by Cllr Jackie Stockman. The Board agreed that the JHWS should be reviewed on an annual basis. This is the 2019 review

This paper explains how and by whom Thriving lives was developed, how we are working to deliver it and what progress has been made in the last year since it was launched. The paper then suggests 3 questions the HWBB may want to consider in their review of the strategy

A revised draft outcome framework is also presented for discussion

#### 2. Recommendation

- 2.1 Subject to discussion at HWBB the following recommendations are made
  - 1. It is recommended that after due consideration of the questions posed in section 3 below that the priorities within Thriving lives remain unchanged.
  - 2. It is also recommended that subject to further discussion at the HWBB that the areas of current focus i.e Children and complex vulnerabilities also remain unchanged for 2019/20.
  - 3. It is recommended that the HWBB forward plan annual agenda reflects the emphasis on areas of focus, sponsor.
  - 4. It is recommended that the proposed outcome framework is adopted as a Draft that will be taken discussed and amended within appropriate forums leading priority work. This should return for agreement at a future HWBB and then be subjected to annual HWBB oversight with quarterly updates.





# Thriving Lives; Torbay's Joint Health and Well-being Strategy. 2019 Annual review

### 1. What is the proposal / issue?

The HWBB undertake an annual review of the JSNA; Thriving Lives. This is timely also at a time when a new Sustainable Transformation Partnership plan; the Devon Long-term Plan, informed by the NHS Long-term plan is also being developed. It is essential that there is a strong link between these two strategies.

### 2. What is the current situation?

**Torbay's current JHWS; Thriving lives**, was developed with members of the HWBB. An LGA supported workshop in 2018 and follow-up meetings enabled priorities to be identified through a review of;

- Joint Strategic Needs Assessment findings
- Surveys and population views
- Member experiences
- Incorporating patient and population engagement findings
- Council consultation programme;

The full Thriving lives document and explanation of priorities is attached.

### Delivery and oversight.

On page 18 of the strategy, it explains how the different priorities will be taken forward with areas each year identified as areas for the Board to *Focus* on, to *Sponsor* and to *Watch* (definitions in strategy), recognizing that the Board cannot oversee all areas in depth and needs to consider which areas it can bring most attention to.

The forward plan for the HWBB work reflects these differing areas of focus so appropriate attention is given to areas of greatest current concern. A number of measures have also been developed to track progress.

A more on depth outcome framework has been recently developed and a draft refreshed set of outcomes is also presented here for consideration.

#### **Progress over last year**

The following gives a brief summary of progress against *Thriving lives* priorities over the last year;

Priority 1: Working together, at scale, to promote good health and wellbeing and prevent illness

There are active plans both locally within the Council and within the Local care Partnership to shift the focus of delivery to prevention. At Devonwide STP level there is also an active and funded programme on Prevention Chaired by the Torbay DPH. This will form a key priority areas within the Devon Long-term Plan.

Though resources are a constant issue there has been real effort and shift to make this happen across organisations.

# Priority 2 Enabling children to have the best start in life and address the inequalities in their outcomes

With the formation of the Children and Young Peoples Partnership and the start of the delivery of the 0-19 contract we are laying good foundations for this work. Complementary work includes analysis and research to understand the drivers of demand in this area and the development of a network to raise awareness of and work towards trauma – the EMBRACE (Everybody Matters in Building Resilience against Adverse Childhood Experiences) network.

This work is just beginning and it is envisaged we will be able to bring greater focus to the needs of our most vulnerable children especially in the coming year.

# Priority 3. Building emotional resilience in children and young people.

By working with partners we have managed to secure additional funding from a variety of sources to address this area. Its early days but this should see a significant increase in the offer available to Young People to improve their emotional health. This includes better support within schools from mental health teams and targeted support for self-harm.

This year we have focused on securing funding for this work but programmes now need to be actively delivered.

# Priority 4. Creating Places where people can live healthy and happy lives.

There continues to be an active programme of work to make Torbay a healthier place to live. Areas where active areas of work are on-going include work to promote levels of physical activity and healthier diets, and to promote health within our housing and planning sectors

There are opportunities to work more closely with communities at Town level on this work and with emerging Primary Care Networks which will be a focus in coming years.

# Priority 5. Support those at risk of harm and living complex lives

This priority aims to address the underlying factors that increase vulnerability.

This year work has focused on re-design of services for those with complex needs, initially bringing together Council funded services for Domestic abuse and sexual violence (DASV), Homelessness and substance misuse but working to develop an alliance contract based on improvement in outcomes

This work is going well but has potential challenges to delivery in the current financial climate.

### Priority 6. Enabling people to Age well

This priority is supported by the Older Peoples Forum within Torbay as well as the Public Sector and incorporates the Ageing well programme to tackle isolation and loneliness. Work has also been successful with the launch of "Proud to Care" and with the development of community led services through Talking Points.

### Priority 7. Promoting good mental health

This year Torbay Council signed up to the Prevention Concordat for mental health which has enabled us to bring greater focus to this area of work. We have also secured STP money to support work on suicide prevention and for bereavement services. Locally work in Brixham – the Bee Well project is also going well, and we have rolled our training on mental health including to staff.

This area still requires greater focus across the system. This will be supported by the national work to review community mental health teams

### 3. What options have been considered?

Are these still the right priorities within the JHWS?

In order to answer this, It is suggested the following questions are considered

- 1. Have there been any significant new or emerging issues that are not addressed by the current priorities?
  Though structures and systems have / may change the underlying population needs have not. Deprivation, poverty and public sector finances continue as considerable underlying issues. Within these circumstances, ensuring a focus on determinants of health, on prevention, on children and on resilience and mental health seems particularly important. The recommendation therefore is that these priorities do not change.
- 2. Are there any new or emerging issues where the HWBB partnership needs to bring greater focus? Each year the HWBB will consider if the current areas of focus need to change. The current areas are; best start in life and inequalities in children and complex lives. Vulnerability in children is both a considerable need and a cost pressure so it is recommended that this remains as an area of focus. The Multiple Complex Needs project in its early stages and the re-design still at risk of failure if under-resourced. Domestic abuse and sexual violence in particular is vulnerable financially.

Issues of adults with complex lives and the impact on demand also need to be further raised as a system issue. The recommendation therefore is that these areas remain as focus.

3. Does the JHWS need to be reviewed in the light of the increased collaboration across Devon's HWBBs?

There is a need to collaborate to raise the profile of HWBBS within the STP but we also ensure the specific needs of Torbay's residents recognised.

It is recommended therefore that we should agree a set of Devon-wide priorities but should continue to ensure a focus on our own, based on our own specific needs and issues and reflecting local HWBB member commitment.

#### 4 Recommendations

Subject to discussion at HWBB the following recommendations are made

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- 2. It is also recommended that subject to further discussion at the HWBB that the areas of current focus ie Children and complex vulnerabilities also remain unchanged for 2019/20.
- 3. It is recommended that the HWBB forward plan annual agenda reflects the emphasis on areas of focus, sponsor.
- 4. It is recommended that the proposed outcome framework is adopted as a Draft that will be taken discussed and amended within appropriate forums leading priority work. This should return for agreement at a future HWBB and then be subjected to annual HWBB oversight with quarterly updates

# **Appendices**

Appendix 1 - Thriving lives

Appendix 2 – Draft outcome framework